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Predictors for perioperative blood transfusionin elderly patients with extra capsular hip fractures treated with cephalo-medullary nailing

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Predictors for perioperative blood transfusionin elderly patients with extra capsular hip

fractures treated with cephalo-medullary nailing

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Abstract

Purpose: The aim of our study was to determine predictive factors and requirement for

perioperative blood transfusion in elderly patients with extra capsular hip fractures treated with

cephalo-medullary device.

Methods: Seventy-nine patients with extra capsular hip fractures treated with cephalo-medullary

nailing were included in the study. Age, sex, ASA grade, timing of surgery, preoperative and

postoperative haemoglobin, length of hospital stay, fracture type, number of units transfused and 30

day mortality were recorded.

Results: The mean age was 82.3 years. Forty-seven patients underwent a short nail and 32 patients

a long nail. 53.4% patients required blood transfusion postoperatively. Transfusion was required in

71.8% of the long nails (p<0.05), 65.8% patients above the age of 80 (p<0.05), 100% of the patients

with haemoglobin below 90 g/L and 20 ASA grade 3 patients (p<0.05). 78.5% patients with A2

fracture and 75% of A3 fractures needed blood transfusion (p>0.05). Length of hospital stay in non-

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