Accepted Manuscript

Sleep spindles in adolescence: A comparison across sleep restriction and sleep extension

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PII: \$1389-9457(18)30208-9

DOI: 10.1016/j.sleep.2018.05.019

Reference: SLEEP 3712

To appear in: Sleep Medicine

Received Date: 22 December 2017

Revised Date: 15 May 2018 Accepted Date: 23 May 2018

Please cite this article as: Reynolds CM, Gradisar M, Coussens S, Short MA, Sleep spindles in adolescence: A comparison across sleep restriction and sleep extension, *Sleep Medicine* (2018), doi: 10.1016/j.sleep.2018.05.019.

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ACCEPTED MANUSCRIPT

Sleep spindles in adolescence: A comparison across sleep restriction and sleep extension

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Short Title: Adolescent spindle activity during sleep restriction

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Declarations of interest: none

Funding: This work was supported by the Australasian Sleep Association Rob Pierce Grant in Aid

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