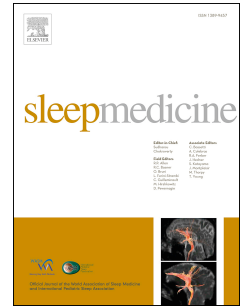


# Accepted Manuscript

Cognitive Mechanisms of Sleep Outcomes in a Randomized Clinical Trial of Internet-Based Cognitive Behavioral Therapy for Insomnia

Philip I. Chow, Karen Ingersoll, Frances P. Thorndike, Holly R. Lord, Linda Gonder-Frederick, Charles M. Morin, Lee M. Ritterband



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