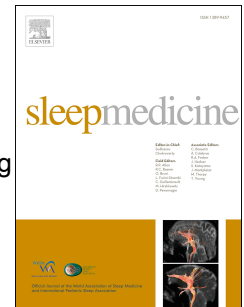


Accepted Manuscript

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PII: S1389-9457(18)30081-9

DOI: [10.1016/j.sleep.2018.03.007](https://doi.org/10.1016/j.sleep.2018.03.007)

Reference: SLEEP 3652

To appear in: *Sleep Medicine*

Received Date: 18 October 2017

Revised Date: 15 March 2018

Accepted Date: 19 March 2018

Please cite this article as: Van Dyk TR, Krietsch KN, Saelens BE, Whitacre C, McAlister S, Beebe DW, Inducing More Sleep on School Nights Reduces Sedentary Behavior without Affecting Physical Activity in Short-Sleeping Adolescents, *Sleep Medicine* (2018), doi: 10.1016/j.sleep.2018.03.007.

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Abbreviations

EXT: extended sleep condition; bedtime and rise time set to increase time in bed by 1.5 hours related to adolescent's baseline sleep schedule

HAB: prescribed habitual sleep condition; bedtime and rise time set to match adolescent's baseline sleep schedule

MVPA: moderate-to-vigorous physical activity

PA: physical activity

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