

# Accepted Manuscript

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PII: S1389-9457(18)30024-8

DOI: [10.1016/j.sleep.2018.01.010](https://doi.org/10.1016/j.sleep.2018.01.010)

Reference: SLEEP 3616

To appear in: *Sleep Medicine*

Received Date: 22 November 2017

Revised Date: 19 January 2018

Accepted Date: 30 January 2018

Please cite this article as: Yi X-y, Ni S-f, Ghadami MR, Meng H-q, Chen M-y, Kuang L, Zhang Y-q, Zhang L, Zhou X-y, Trazodone for the treatment of insomnia: a meta-analysis of randomized placebo-controlled trials, *Sleep Medicine* (2018), doi: 10.1016/j.sleep.2018.01.010.

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# Trazodone for the treatment of insomnia: a meta-analysis of randomized placebo-controlled trials

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## **Abbreviations:**

SE%=sleep efficiency

SL=sleep latency

TST=total sleep time

NAs=the number of awakenings

WASO=waking time after sleep onset

SQ=perceived sleep quality

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