

# Accepted Manuscript

Comprehensive assessment of the impact of life habits on sleep disturbance, chronotype, and daytime sleepiness among high-school students

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PII: S1389-9457(17)30433-1

DOI: [10.1016/j.sleep.2017.10.011](https://doi.org/10.1016/j.sleep.2017.10.011)

Reference: SLEEP 3558

To appear in: *Sleep Medicine*

Received Date: 18 August 2017

Revised Date: 5 October 2017

Accepted Date: 6 October 2017

Please cite this article as: Shimura A, Sakai H, Takaesu Y, Nomura R, Komada Y, Inoue T, Comprehensive assessment of the impact of life habits on sleep disturbance, chronotype, and daytime sleepiness among high-school students, *Sleep Medicine* (2017), doi: 10.1016/j.sleep.2017.10.011.

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and daytime sleepiness among high-school students**

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