

# Accepted Manuscript

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PII: S0738-081X(17)30157-8  
DOI: doi: [10.1016/j.clindermatol.2017.09.003](https://doi.org/10.1016/j.clindermatol.2017.09.003)  
Reference: CID 7181

To appear in: *Clinics in Dermatology*



Please cite this article as: Fanning Emma, O'Shea Donal, Genetics and the Metabolic Syndrome, *Clinics in Dermatology* (2017), doi: [10.1016/j.clindermatol.2017.09.003](https://doi.org/10.1016/j.clindermatol.2017.09.003)

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Genetics and the Metabolic Syndrome

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### **Abstract**

Originally coined as "Syndrome X" in 1988 Gerald Reaven, the metabolic syndrome (MetS) encompasses a constellation of risk factors, the coincidence of which amounts to an increased cardiovascular and diabetic risk. Rising numbers of dermatoses are being recognized as cutaneous markers of MetS. Dermatologists should look beyond treating the cutaneous condition and quantify the associated increase in cardiovascular risk.

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