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Severe Asthma is Associated with Metabolic Syndrome in Brazilian Adolescents

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#### ACCEPTED MANUSCRIPT

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- 2 BRAZILIAN ADOLESCENTS

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## 15 Capsule Summary

- Abdominal obesity and insulin resistance were associated with more severe
- 17 asthma in adolescents with metabolic syndrome, regardless of BMI. Further
- 18 research is needed to establish causality and possible pathophysiological
- 19 mechanisms common to both conditions.

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- 21 **Keywords:** asthma, metabolic syndrome X, hyperglycemia, abdominal obesity,
- 22 adolescence

23

#### 24 ABBREVIATIONS USED

- 25 BMI: Body mass index
- 26 BP: Blood pressure
- 27 CA: Current asthma
- 28 ERICA: Portuguese acronym of The Study of Cardiovascular Risk in
- 29 Adolescents

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