



A probabilistic orthopaedic population model to predict fatigue-related subacromial geometric variability



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ABSTRACT

Fatigue-related glenohumeral and scapulothoracic kinematic relationships, in addition to morphological characteristics of the scapula and humerus, affect the dimensions of the subacromial space. Each exhibits considerable interpersonal variability, which if only considering the mean, can lead to misleading population estimations of subacromial impingement risk, particularly for outliers. Additionally, the relative influence of each parameter on subacromial space variability is unclear. Applying empirically-derived morphological and kinematic distributions ($n=31$), this research used Advanced Mean Value and Monte Carlo probabilistic modeling approaches to predict the distribution of the minimum subacromial space width (SAS) and establish which parameters contributed more to modulating the SAS. The predicted SAS differed by 8 mm between 1% and 99% confidence intervals. While the SAS was not influenced by muscle fatigue, the space reduced with arm elevation to magnitudes between 4.5 and 5 mm. This reduction resulted in an estimated 65–75% of the population at risk for tissue compression at elevation angles $\geq 90^\circ$ when considering the interposed tissue thickness. Morphological parameters, notably glenoid inclination, showed higher relative importance for modulating the predicted SAS across conditions, while kinematic parameters (humeral head translation, scapular orientation), which differed by elevation angle and fatigue state, demonstrated less consistent importance levels across experimental conditions. Overall, the findings reinforce the shoulder health risks related to overhead activities, as they pose an increased likelihood of mechanical rotator cuff tendon compression. Further, probabilistic methods are highly innovative, in that they are capable of determining relative parameter importance and subsequently identifying key injury risk factors. As glenoid inclination is difficult to diagnose and treat, and is associated with superior humeral head translation, interventions to improve rotator cuff strength and glenohumeral stability are recommended, particularly in populations exposed to overhead postures.

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1. Introduction

Computational models in biomechanics are often used to evaluate parameters related to musculoskeletal injury risk, however model assumptions must be considered. Incorporating variability into predictive models is crucial for capturing physiological realism. Each variable or parameter that contributes to the overall model predictions has an associated level of uncertainty. Thus, relying on representative population mean values, as is the case with deterministic models, fails to capture this variability which can subsequently result in misleading outcomes (Langenderfer et al., 2006; Laz and Browne, 2010). Probabilistic approaches, including Advanced Mean Value

(AMV) and Monte Carlo, evaluate the influence of model parameter uncertainty on the predicted outputs by representing each parameter as a probability distribution. AMV is a probabilistic approach that uses a combination of reliability and optimization-based approaches to predict the output at specified discrete probability levels (Wu et al., 1990). Monte Carlo iteratively calculates many deterministic solutions to construct an entire cumulative distribution function (CDF) for the predicted output. AMV is computationally efficient and accurately converges to the Monte Carlo solution, which is considered the gold standard (Easley et al., 2007; Langenderfer et al., 2008, 2009; Laz and Browne, 2010). Additionally, as AMV simulations require a transformation of each parameter into a non-dimensionalized standard normal solution space, it permits calculation of importance factors. These factors describe the relative importance of each parameter in modulating the predicted output. Despite demonstrating critical utility for characterizing biological tissue variation, the overall use of probabilistic modeling in biomechanics remains limited.

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