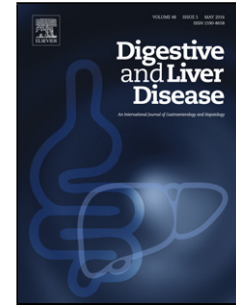


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Symptoms of Anxiety and Depression are Independently associated with Inflammatory Bowel Disease-related Disability

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Abstract:

Background: Inflammatory bowel disease(IBD) frequently results in disability. The relevance of psychological effects in causing disability, and whether disability occurs similarly in non-Western cohorts is as yet unknown.

Aim: We assessed the relationship between symptoms of anxiety and depression, quality of life and disability in a Singaporean IBD cohort and their predictors.

Methods: Cross-sectional study. We assessed consecutive IBD subjects' IBD-Disability Index (IBD-DI), Hospital Anxiety and Depression Scale(HADS), and IBD questionnaire(IBDQ). Clinical and demographic variables were collected. Non-parametric statistical analyses were

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