Accepted Manuscript

Title: It's craving time: time of day effects on momentary hunger and food craving in daily life

Author: Julia Reichenberger, Anna Richard, Joshua M. Smyth, Dana Fischer, Olga Pollatos, Jens Blechert

PII: S0899-9007(18)30178-3

DOI: https://doi.org/10.1016/j.nut.2018.03.048

Reference: NUT 10181

To appear in: Nutrition

Received date: 22-12-2017 Revised date: 22-2-2018 Accepted date: 22-3-2018



Please cite this article as: Julia Reichenberger, Anna Richard, Joshua M. Smyth, Dana Fischer, Olga Pollatos, Jens Blechert, It's craving time: time of day effects on momentary hunger and food craving in daily life, *Nutrition* (2018), https://doi.org/10.1016/j.nut.2018.03.048.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

ACCEPTED MANUSCRIPT

It's craving time: Time of day effects on momentary hunger and food craving in daily life

Julia Reichenberger^{1, 2}

Anna Richard^{1, 2}

Joshua M. Smyth³

Dana Fischer⁴

Olga Pollatos⁴

Jens Blechert^{1, 2}

Address correspondence and reprint requests to:

Julia Reichenberger

Department of Psychology, Centre for Cognitive Neuroscience

University of Salzburg

Hellbrunnerstrasse 34

5020 Salzburg, Austria

Email: Julia.Reichenberger@sbg.ac.at

Keywords: food craving; food categories; hunger; ecological momentary assessment; desire to eat; healthy eating

¹ Centre for Cognitive Neuroscience, University of Salzburg

² Department of Psychology, University of Salzburg

³ Departments of Biobehavioral Health and Medicine, Pennsylvania State University

⁴ Department of Clinical & Health Psychology, Ulm University

Download English Version:

https://daneshyari.com/en/article/8723603

Download Persian Version:

https://daneshyari.com/article/8723603

<u>Daneshyari.com</u>