

# Accepted Manuscript

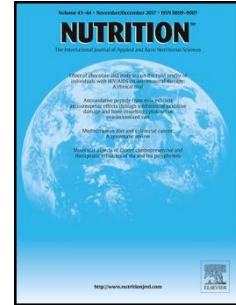
Title: Exploration of the association between dietary fiber intake and depressive symptoms in adults

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1 **Title page**

2 **Exploration of the** association between dietary fiber intake and depressive symptoms  
3 in adults

4 Running head: Dietary fiber intake and depressive symptoms

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17 H.X. contributed to the conception and design of the study, data analysis and  
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19 analysis. Z.Y.L. contributed to study design and data collection. D.F.Z. was  
20 responsible for the integrity of this work and contributed to the study design and  
21 manuscript review as the corresponding author.

22 Abbreviations: BMI, body mass index; CI, confidence interval; MEC, mobile  
23 examination center; MET, metabolic equivalent; NHANES, National Health and  
24 Nutrition Examination Survey; OR, odds ratio; PHQ, Patient Health Questionnaire.

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