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High-dose vitamin D in Addison's disease regulates T-cells and monocytes: a pilot trial

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Highlights

- First randomized crossover trial investigating cholecalciferol supplementation in Addison´s disease.
- Three months´ cholecalciferol treatment (4000 IU/day) increased 25(OH)D_3 to achieve a sufficient vitamin D status.
- Cholecalciferol treatment regulates late activated T cells and monocytes.