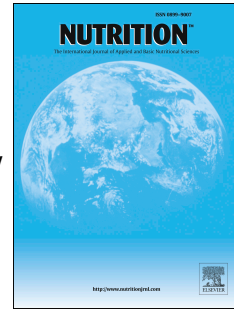


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Can chocolate consumption reduce cardio-cerebrovascular risk? A systematic review and meta-analysis Chocolate intake and cardio-cerebrovascular risk

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2 **meta-analysis**

3 **Chocolate intake and cardio-cerebrovascular risk**

4

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27

28 **Abstract**

29 **Objective:** A systematic review and meta-analysis of the literature was performed to assess the
30 relationship between chocolate intake and cardio-cerebrovascular risk in the general population.

31 **Research Methods & Procedures:** A structured search of the literature was performed in the
32 PubMed database up to 26th September 2016 using pre-determined key words. Epidemiological
33 studies evaluating the risk of cardiovascular diseases (i.e. stroke, acute myocardial infarction, heart

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