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The identification and isolation of CTCs: a Biological Rubik's Cube

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Abstract

Liquid biopsy represents an alternative to conventional biopsies for the evaluation of tumors mainly due

to its easy sampling. One of the main applications is the enumeration of Circulating Tumor Cells (CTCs)

to evaluate tumor progression or response to treatment. The analysis of the functional characteristics of

CTCs could give us much more information about their role in order to establish a more personalized

treatment for the patients. The major issue that has to be solved is the isolation of the CTC population.

Multiple protocols have been developed, however none of them has demonstrated to be the definitive one.

In fact, a combination of these techniques has often been performed in order to obtain a purer and viable

population of CTCs. In this review we have summarized for the first time the different combinatorial

approaches used in the last years to optimize the isolation of CTCs and their limitations.

Key words

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