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Long-term follow-up data from a single-centre inception cohort

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Predictors of morbidity and mortality in early Systemic Sclerosis: Long-term follow-up data from a single-centre inception cohort

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Key words: systemic sclerosis, inception cohort, predictors, morbidity, mortality

Highlights:

- This is the first long-term follow-up study of an inception cohort of early SSc patients.
- Clinical phenotypes at disease onset predict morbidity and mortality in Systemic sclerosis.
- Age>45, diffuse subtype, male gender, pulmonary fibrosis, pulmonary hypertension and DLCO<60% are independent predictors of mortality.
- Presence of >3 predictors at baseline is associated with 46% and 53% mortality at 3 and 6 years follow-up, respectively.

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