

Accepted Manuscript

Do trials of resistance training to improve mobility after stroke adhere to the American College of Sports Medicine guidelines? A systematic review

Genevieve Hendrey, Anne E. Holland, Benjamin F. Mentiplay, Ross Clark, Gavin Williams



PII: S0003-9993(17)30487-2

DOI: [10.1016/j.apmr.2017.06.021](https://doi.org/10.1016/j.apmr.2017.06.021)

Reference: YAPMR 56961

To appear in: *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*

Received Date: 23 December 2016

Revised Date: 17 May 2017

Accepted Date: 15 June 2017

Please cite this article as: Hendrey G, Holland AE, Mentiplay BF, Clark R, Williams G, Do trials of resistance training to improve mobility after stroke adhere to the American College of Sports Medicine guidelines? A systematic review, *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION* (2017), doi: 10.1016/j.apmr.2017.06.021.

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TITLE PAGE:**Running head:** Resistance training in stroke**Title:**

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Authors:

Genevieve Hendrey^{1,2}, Anne E Holland^{2,3}, Benjamin F Mentiplay^{4,5}, Ross Clark⁴, Gavin Williams^{5,6}

¹Department of Physiotherapy, Caulfield Hospital – Alfred Health.

²Department of Physiotherapy, La Trobe University.

³Department of Physiotherapy, Alfred Health.

⁴School of Health and Sports Science, University of the Sunshine Coast

⁵Department of Physiotherapy, Epworth Hospital.

⁶Department of Physiotherapy, The University of Melbourne.

Corresponding Author:

Mrs. Genevieve Hendrey (BPhysio, Hons)

Senior Clinician Physiotherapist

Physiotherapy Department - Building 28

Caulfield Hospital

260 Kooyong Rd, Caulfield, Melbourne, Australia 3162

Phone: +61 413 135 173(primary), +613 9076 7415(secondary)

*Previous affiliation:
Senior Lecturer Exercise Physiologist and Researcher
School of Exercise Science
Australian Catholic University

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