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Dosage of preventive or therapeutic exercise interventions: review of published randomized controlled trials and survey of authors

Marion Gallois, PT, Msc, Thomas Davergne, PT, Msc, Pauline Ledinot, MD, Msc, Philippe Ravaud, MD, PhD, Professor, Jean-Philippe Regnaud, PT, PhD



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Running Head: Review of dose exercise justifications**Dosage of preventive or therapeutic exercise interventions: review of published randomized controlled trials and survey of authors**Authors Full names

Marion Gallois^{a, b}, PT, Msc

Thomas Davergne^{a, b}, PT, Msc

Pauline Ledinot^{a, b}, MD, Msc

Philippe Ravaud^{a, b, d}, MD, PhD, Professor

Jean-Philippe Regnaud^{a, b, c}, PT, PhD

Affiliations

^aCRESS U1153, Inserm, METHODS team, Paris, France

^bSorbonne Paris Cité, faculté de médecine, Paris Descartes University, Paris, France

^cEHESP, department SHS, Sorbonne Paris Cité, Paris, France

^dAP-HP (Assistance Publique des Hôpitaux de Paris), hôpital Hôtel Dieu, centre d'épidémiologie clinique, Paris, France

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