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TITLE PAGE

Exercise during pregnancy is associated with a shorter duration of labor. A randomized clinical trial.

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The authors report no conflict of interest.

Trial Identifier: NCT02109588.

<https://clinicaltrials.gov/ct2/show/NCT02109588>

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ABSTRACT

Objective: to examine the influence of an exercise program throughout pregnancy on the duration of labor in healthy pregnant women. **Study Design:** A randomized clinical trial was used (Identifier: NCT02109588). In all, 508

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