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Comparison of two training techniques (mannequin versus flip-chart presentation) of breast self examination of rural women: An interventional study

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Highlights

1. The mannequin based training led to a higher increase in the knowledge, attitude and practice scores as compared to the flip-chart based training.
2. The knowledge about risk factors for breast cancer was present in around half of the women which is appreciable considering the rural setting.
3. The most common reason reported for not performing BSE was not being aware of BSE.

Abstract

Breast self-examination (BSE) is an important component of any program for the early detection of breast cancer. The present study aimed to evaluate the effectiveness of the mannequin based

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