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Elise Piraux, Gilles Caty, Gregory Reychler

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Effects of preoperative combined aerobic and resistance exercise training in cancer patients undergoing tumour resection surgery: a systematic review of randomised trials

Elise PIRAUX a,b,c,*, Gilles CATY b,c, Gregory REYCHLER a,b,d

^aInstitut de Recherche Expérimentale et Clinique (IREC), Pôle de Pneumologie, ORL & Dermatologie, Université Catholique de Louvain, 1200 Brussels, Belgium

^bService de médecine physique et réadaptation, Cliniques universitaires Saint-Luc, 1200 Brussels, Belgium

^cInstitut de Recherche Expérimentale et Clinique (IREC), Neuro Musculo Skeletal Lab (NMSK), Université catholique de Louvain, 1200 Brussels, Belgium

Conflict of interest

All authors declare no conflict of interest¹

Abbreviations: 6MWT, 6-minute walk test; CT, Combined endurance and resistance training; ; EORTC-QLQ-C30= European Organization for Research and Treatment of Cancer Quality of Life Questionnaire Cancer 30; EORTC BLS24= European Organization for Research and Treatment of Cancer Quality of Life Superficial Bladder Cancer questionnaire; EORTC BLM30= European Organization for Research and Treatment of Cancer Quality of Life Muscle Invasive Bladder Cancer Questionnaire; QoL, Quality of life; LOS, Length of stay; RCTs, randomised controlled trials.

*Corresponding author: Elise Piraux, Université catholique de Louvain, SSS/IREC/NMSK, Avenue

Mounier 53, Bte B1.53.07, B-1200 Brussels, Belgium. E-mail address: elise.piraux@uclouvain.be

^dService de Pneumologie, Cliniques universitaires Saint-Luc, 1200 Brussels, Belgium.

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