

## Accepted Manuscript

Different ways to balance the spine in sitting: Muscle activity in specific postures differs between individuals with and without a history of back pain in sitting

Andrew P. Claus, Julie A. Hides, G. Lorimer Moseley, Paul W. Hodges



PII: S0268-0033(18)30010-X  
DOI: <https://doi.org/10.1016/j.clinbiomech.2018.01.003>  
Reference: JCLB 4445  
To appear in: *Clinical Biomechanics*  
Received date: 26 March 2017  
Accepted date: 9 January 2018

Please cite this article as: Andrew P. Claus, Julie A. Hides, G. Lorimer Moseley, Paul W. Hodges, Different ways to balance the spine in sitting: Muscle activity in specific postures differs between individuals with and without a history of back pain in sitting. The address for the corresponding author was captured as affiliation for all authors. Please check if appropriate. Jclb(2017), <https://doi.org/10.1016/j.clinbiomech.2018.01.003>

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**Title page**

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**Authors:** Andrew P Claus PhD<sup>a</sup>, Julie A Hides PhD<sup>a, b</sup>, G Lorimer Moseley PhD<sup>c, d</sup>, and Paul W Hodges PhD<sup>a</sup>.

**Affiliations:**

<sup>a</sup> The University of Queensland, Centre of Clinical Research Excellence in Spinal Pain, Injury & Health, School of Health & Rehabilitation Sciences, Brisbane, QLD, 4072, Australia. email: a.claus1@uq.edu.au, p.hodges@uq.edu.au

<sup>b</sup> Griffith University, School of Allied Health Sciences, Nathan Campus, Brisbane, QLD, 4111, Australia. email: j.hides@griffith.edu.au

<sup>c</sup> Sansom Institute for Health Research, University of South Australia, GPO Box 2471, Adelaide, SA, 5001, Australia. email: lorimer.moseley@unisa.edu.au

<sup>d</sup> Neuroscience Research Australia, PO box 1165, Randwick, NSW, 2031, Australia.

**Corresponding author:** Dr Andrew Claus

Email: a.claus1@uq.edu.au

Address: School of Health & Rehabilitation Sciences, The University of Queensland, St Lucia, Australia, 4072

**Abstract word count: 250    Manuscript word count: 4529**

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