Title: Delayed effects of a 20-minute crushed ice application on knee joint position sense assessed by a functional task during a re-warming period

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Manuscript

Title

Delayed effects of a 20-minute crushed ice application on knee joint position sense assessed by a functional task during a re-warming period**.**

Authors

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Highlights

- Significant increase in rotation ROM at the knee 20' post cryotherapy application.
- Changes in knee joint stability over a re-warming period of 20 minutes.
- Crushed ice application at the knee may produce delayed neuromuscular effects.
- Potential synthesis proposed between $T_{sk,}$ ROM/JPS and T_{im} at the knee.

Abstract