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EFFECT OF ECCENTRIC EXERCISE AND DELAYED ONSET MUSCLE SORENESS ON THE HOMOLOGOUS MUSCLE OF THE CONTRALATERAL LIMB

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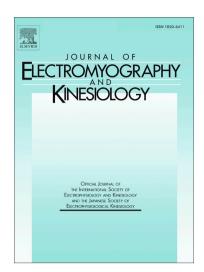
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### **ACCEPTED MANUSCRIPT**

# EFFECT OF ECCENTRIC EXERCISE AND DELAYED ONSET MUSCLE SORENESS ON THE HOMOLOGOUS MUSCLE OF THE CONTRALATERAL LIMB

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Running title: Effect of DOMS on the homologous muscle of the contralateral limb

**Keywords:** EMG, contralateral, pain, eccentric exercise

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