Accepted Manuscript

Competitive swimmers with hypermobility have strength and fatigue deficits in shoulder medial rotation

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PII: S1050-6411(17)30364-4

DOI: https://doi.org/10.1016/j.jelekin.2018.01.003

Reference: JJEK 2153

To appear in: Journal of Electromyography and Kinesiology

Received Date: 10 September 2017 Revised Date: 8 December 2017 Accepted Date: 9 January 2018



Please cite this article as: B. Liaghat, B. Juul-Kristensen, T. Frydendal, C. Marie Larsen, K. Søgaard, A. Ilkka Tapio Salo, Competitive swimmers with hypermobility have strength and fatigue deficits in shoulder medial rotation, *Journal of Electromyography and Kinesiology* (2018), doi: https://doi.org/10.1016/j.jelekin.2018.01.003

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CCEPTED MANUSCRIPT

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medial rotation

Manuscript word count: 4710; abstract word count: 200

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