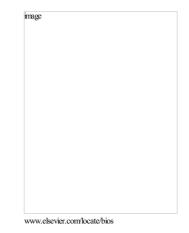
Author's Accepted Manuscript

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 PII:
 S1060-1872(18)30020-0

 DOI:
 https://doi.org/10.1053/j.otsm.2018.02.009

 Reference:
 YOTSM50629

To appear in: Operative Techniques in Sports Medicine

Cite this article as: Eileen Colliton and Bastian Scheiderer, Distal biceps tendon repair: Suture anchor technique, *Operative Techniques in Sports Medicine*, doi:10.1053/j.otsm.2018.02.009

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Distal biceps tendon repair: Suture anchor technique

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Conflict of Interest: Authors Colliton E and Scheiderer B declare that they have no conflict of interest and nothing to disclose.

Abstract

In active patients, acute ruptures of the distal biceps tendon are best treated by primary repair due to a loss of strength, particularly in supination with conservative management. Various techniques have been reported with good clinical outcomes. The single-incision suture anchor repair technique demonstrates clinical results comparable with other fixation methods and low complication rates. The surgical technique is described in detail in this chapter.

Keywords: elbow; distal biceps tendon; rupture; anatomic repair, suture anchor

Introduction

Surgical management of distal biceps tendon tears has been the source of intensive research over the last two decades. Several techniques have been developed in an effort to permit immediate mobilization and limit surgical morbidities. These include tendon refixation with suture anchors, cortical buttons, interference screws and combinations via either a single- or Download English Version:

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