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Title: A minimum of 5-year follow-up after lumbar transforaminal epidural steroid injections in patients with lumbar radicular pain due to intervertebral disc herniation

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1 **A minimum of 5-year follow-up after lumbar transforaminal**
2 **epidural steroid injections in patients with lumbar radicular**
3 **pain due to intervertebral disc herniation.**

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26 **Abstract**

27 Background context: Patients with lumbosacral radiculopathy from a intervertebral disc herniation are
28 frequently treated by transforaminal epidural steroid injections (TFESIs). The long-term outcomes of
29 these patients are poorly described.

30 Purpose: To determine the long-term outcomes for a homogenous group of patients with acute
31 unilateral lumbar radicular pain due to single level herniated nucleus after lumbar epidural steroid
32 injection at ≥ 5 years.

33 Design: Prospective cohort study.

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