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1 Effectiveness of psychological interventions delivered by non-psychologists on low back pain
2 and disability: a qualitative systematic review.

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20 **Abstract**

21 Background Context:

22 Psychological treatments delivered by non-psychologists have been proposed as a way to
23 increase access to care to address important psychological barriers to recovery in people with
24 low back pain (LBP).

25 Purpose:

26 Synthesize randomized controlled trials (RCTs) that assess the effectiveness of psychological
27 interventions delivered by non-psychologists in reducing pain intensity and disability in adults
28 with LBP, compared to usual care.

29 Study Design:

30 Systematic review without meta-analysis

31 Methods:

32 RCTs including adult patients with all types of musculoskeletal LBP were eligible. Interventions
33 included those based on psychological principles and delivered by non-psychologists. The

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