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The role of optimism in the relationship between job stress and depressive symptoms. Longitudinal findings from the German Ageing Survey

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**Highlights**

- A nationally representative sample of older adults was used.
- Fixed effects regression analysis was used.
- Job stress is associated with an increase in depressive symptoms longitudinally.
- Optimism is associated with a decrease in depressive symptoms longitudinally.
- Optimism moderates the relation between job stress and depressive symptoms.

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