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The role of optimism in the relationship between job stress and depressive symptoms. Longitudinal findings from the German Ageing Survey

E.V. Romswinkel, H.-H. König, A. Hajek

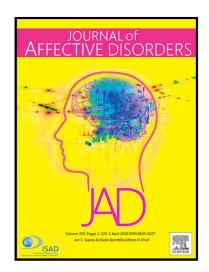
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#### ACCEPTED MANUSCRIPT

### **Highlights**

- A nationally representative sample of older adults was used.
- Fixed effects regression analysis was used.
- Job stress is associated with an increase in depressive symptoms longitudinally.
- Optimism is associated with a decrease in depressive symptoms longitudinally.
- Optimism moderates the relation between job stress and depressive symptoms.

The role of optimism in the relationship between job stress and depressive symptoms.

Longitudinal findings from the German Ageing Survey.

E.V. Romswinkel<sup>1</sup>, H.-H. König, A. Hajek

Department of Health Economics and Health Services Research, University Medical Center

Hamburg-Eppendorf, Hamburg, Germany

Martinistr. 52, 20246 Hamburg, Germany

<sup>1</sup> Eva Viktoria Romswinkel Frickestrasse 42 20251 Hamburg 0049162/8143333 e.romswinkel@uke.de

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