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Problematic eating behaviours, changes in appetite, and weight gain in Major Depressive Disorder: The role of leptin

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**Highlights:**

- The role of leptin was investigated in relation to appetite/weight gain and problematic eating behaviours in Major Depressive Disorder (MDD).
- Females with increased appetite/weight had higher leptin than those with reduced or stable appetite/weight, however males showed the opposite effect.
- Leptin levels were related to several measures of problematic eating behaviours.
- Hormonal changes, including leptin resistance, may be an important risk factor for weight gain in MDD, particularly in females.

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