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OpenSIMPLe: A real-world implementation feasibility study of a smartphone-based psychoeducation programme for bipolar disorder

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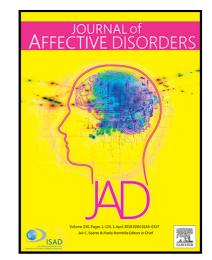
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Highlights

- So far, many mental health internet-based platforms(IBP) were developed and tested.
- Few of these IBPs were made widely available for mental health patients.
- OpenSIMPLe evaluated the large-scale implementation of an IBP for bipolar disorder.
- Positive outcomes regarding satisfaction, usability and helpfulness were found.
- Attrition rates were high, requiring further research about retention factors.

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