## **Accepted Manuscript**

What are the effects of preventative interventions on Major Depressive Disorder (MDD) in young adults? A systematic review and meta-analysis of randomized controlled trials

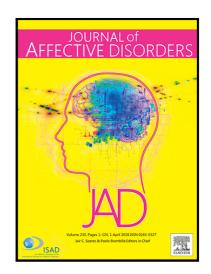
J.J.F. Breedvelt, A. Kandola, A.A. Kousoulis, M.E. Brouwer, E. Karyotaki, C.L.H. Bockting, P.M.W. Cuijpers

PII: S0165-0327(18)30138-1 DOI: 10.1016/j.jad.2018.05.010

Reference: JAD 9786

To appear in: Journal of Affective Disorders

Received date: 21 January 2018 Revised date: 23 March 2018 Accepted date: 13 May 2018



Please cite this article as: J.J.F. Breedvelt, A. Kandola, A.A. Kousoulis, M.E. Brouwer, E. Karyotaki, C.L.H. Bockting, P.M.W. Cuijpers, What are the effects of preventative interventions on Major Depressive Disorder (MDD) in young adults? A systematic review and meta-analysis of randomized controlled trials, *Journal of Affective Disorders* (2018), doi: 10.1016/j.jad.2018.05.010

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

#### ACCEPTED MANUSCRIPT

#### **Highlights**

- Young adults are at increased risk of developing depression
- Psychological and wellbeing interventions may be effective at reducing MDD risk
- Thus far no review has assessed the effects of such interventions for young adults
- Available interventions can be effective at reducing sub-threshold symptoms of depression
- No studies assessed the effects of such interventions on onset of depression

What are the effects of preventative interventions on Major Depressive Disorder (MDD) in young adults? A systematic review and meta-analysis of randomized controlled trials

Authors: J.J.F. Breedvelt<sup>1</sup>, A. Kandola<sup>2</sup>, A.A. Kousoulis<sup>1</sup>, M.E. Brouwer<sup>3</sup>, E. Karyotaki<sup>4</sup>, C.L.H. Bockting<sup>5</sup>, P.M.W. Cuijpers<sup>6</sup>.

#### Contact information:

- 1. <u>jbreedvelt@mentalhealth.org.uk</u>; <u>akousoulis@mentalhealth.org.uk</u> Mental Health Foundation, UK / Academic Medical Centre / University of Amsterdam
- 2. <u>akondola@mentalhealth.org.uk</u> Mental Health Foundation
- 3. <u>m.e.brouwer@amc.uva.nl</u> Department of Psychiatry, Program Mood Disorders, Academic Medical Center, Amsterdam
- 4. <u>e.karyotaki@vu.nl</u> Department of Clinical Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam
- 5. c.l.h.bockting@amc.uva.nl Department of Psychiatry, Program Mood Disorders, Academic Medical Center, Amsterdam
- 6. p.cuijpers@vu.nl Department of Clinical Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam

<sup>&</sup>lt;sup>1</sup> <u>ibreedvelt@mentalhealth.org.uk;</u> Colechurch House, 1 London Bridge Walk, London, SE1 2SX. +44 (0)20 7803 1166

### Download English Version:

# https://daneshyari.com/en/article/8815068

Download Persian Version:

https://daneshyari.com/article/8815068

<u>Daneshyari.com</u>