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Venus and Mars on the benches of the faculty: influence of gender on mental health and behavior of medical students. Results from the BOURBON national study.

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Highlights

- a national sample of 10985 undergraduated and postgraduated medical students were included in the present study
- Compared to men, women were found to smoke tobacco and cannabis less frequently, to have lower rate of alcohol use disorders.
- Men were also found to consume more frequently illicit drugs for pleasure and novelty seeking, group effect, but also alleviating anxiety, sedative and stimulant effect and stress before exam
- women were more frequently followed-up by a psychiatrist and/or a psychologist, consumed more frequently anxiolytics and antidepressants, reported lower rates of physical and mental quality of life in all subscores.
- Women were more frequently exposed to sexual assault and domestic violence while men were more frequently exposed to physical assault during their medical studies.

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