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Comparison of comorbid depression between irritable bowel syndrome and inflammatory bowel disease: a meta-analysis of comparative studies

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Highlights

- Comorbid depression in patients with irritable bowel syndrome (IBS) or inflammatory bowel disease (IBD) are common, but no meta-analysis compared rates and severity of comorbid depression between IBS and IBD patients.
- IBS patients had more severe comorbid depressive and anxiety symptoms compared to IBD patients.
- Appropriate assessment and treatment of depressive and anxiety symptoms in these patient groups should be implemented.

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