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Couples' relationship affects mothers' and fathers' anxiety and depression trajectories over the transition to parenthood

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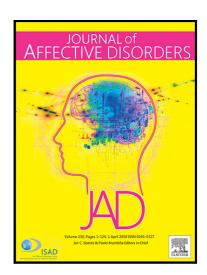
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Highlights

- Couple negative interaction moderated mothers' and fathers' depression symptoms from 3- to 30-months postpartum.
- Mothers and fathers with high negative interaction scores experienced a steeper increase in depression symptoms from 3- to 30-months postpartum, than those with low negative interaction scores.
- Fathers with low positive interaction scores experienced an increase in anxiety symptoms from 3- to 30-months postpartum, whereas those with high positive interaction did not experience changes in anxiety symptoms.

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