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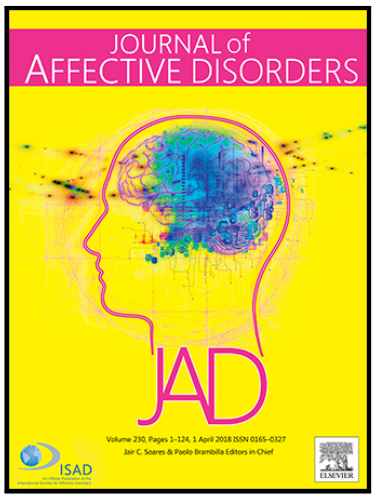

Depressive Symptoms and Psychological Distress Among Rural African Americans: The Role of Material Hardship and Self-Rated Health

Addie Weaver , Robert Joseph Taylor , Linda M. Chatters , Joseph A. Himle

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Highlights

- Rural African Americans with more material hardship had poorer mental health.
- Rural African Americans with worse self-rated health had poorer mental health.
- Rural African American women had more depressive symptoms then men.
- Older respondents and those with less education had more psychological distress.
- More work examining correlates of rural African Americans' mental health is needed.

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