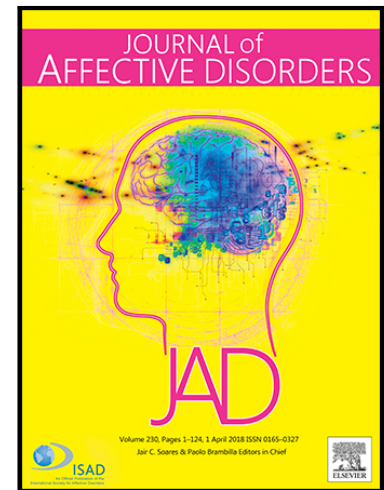


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Negative affect and intolerance of uncertainty as potential mediators of change in comorbid depression in transdiagnostic CBT for anxiety

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Highlights

- Potential mediators of gains in transdiagnostic group CBT for anxiety are evaluated.
- Improvements in negative affect and intolerance of uncertainty mediate depression reduction.
- Changes in anxiety, diagnostic severity, and positive affect were not significant mediators.
- Intolerance of uncertainty appears to be a key treatment process across diagnostic categories.

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