

## Accepted Manuscript

Leisure time physical activity and incident use of prescription tranquilizers: a longitudinal population-based study

Mashhood Ahmed Sheikh

PII: S0165-0327(18)30700-6  
DOI: [10.1016/j.jad.2018.06.010](https://doi.org/10.1016/j.jad.2018.06.010)  
Reference: JAD 9856



To appear in: *Journal of Affective Disorders*

Received date: 3 April 2018  
Revised date: 13 May 2018  
Accepted date: 4 June 2018

Please cite this article as: Mashhood Ahmed Sheikh , Leisure time physical activity and incident use of prescription tranquilizers: a longitudinal population-based study, *Journal of Affective Disorders* (2018), doi: [10.1016/j.jad.2018.06.010](https://doi.org/10.1016/j.jad.2018.06.010)

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

**Highlights**

- Leisure time physical activity conferred protection against incident use of tranquilizers.
- Lower leisure time physical activity is associated with increased incident use of tranquilizers six years later.
- Physical activity in late–midlife can be important for preventing mild psychiatric morbidity in early old age.

ACCEPTED MANUSCRIPT

Download English Version:

<https://daneshyari.com/en/article/8815255>

Download Persian Version:

<https://daneshyari.com/article/8815255>

[Daneshyari.com](https://daneshyari.com)