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Parsing cyclothymic disorder and other specified bipolar spectrum disorders in youth

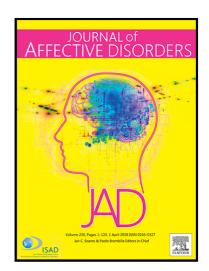
Anna Van Meter, Benjamin I. Goldstein, Tina R. Goldstein, Shirley Yen, Heather Hower, Michael Strober, John A. Merranko, Mary Kay Gill, Rasim S. Diler, David Axelson, Neal D. Ryan, Martin B. Keller, Boris Birmaher

PII: S0165-0327(18)30181-2 DOI: 10.1016/j.jad.2018.06.023

Reference: JAD 9869

To appear in: Journal of Affective Disorders

Received date: 2 February 2018
Revised date: 1 June 2018
Accepted date: 4 June 2018



Please cite this article as: Anna Van Meter, Benjamin I. Goldstein, Tina R. Goldstein, Shirley Yen, Heather Hower, Michael Strober, John A. Merranko, Mary Kay Gill, Rasim S. Diler, David Axelson, Neal D. Ryan, Martin B. Keller, Boris Birmaher, Parsing cyclothymic disorder and other specified bipolar spectrum disorders in youth, *Journal of Affective Disorders* (2018), doi: 10.1016/j.jad.2018.06.023

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Highlights

- Little is known about the trajectory of cyclothymic disorder in youth
- The COBY study is a chance to investigate the course of youth with subclinical mania
- Cyclothymic disorder differs in small ways from operationalized BP NOS
- Chronic, subclinical mood symptoms in youth may not portend a bipolar course



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