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Parsing cyclothymic disorder and other specified bipolar spectrum disorders in youth

Anna Van Meter , Benjamin I. Goldstein , Tina R. Goldstein , Shirley Yen , Heather Hower , Michael Strober , John A. Merranko , Mary Kay Gill , Rasim S. Diler , David Axelson , Neal D. Ryan , Martin B. Keller , Boris Birmaher

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Highlights

- Little is known about the trajectory of cyclothymic disorder in youth
- The COBY study is a chance to investigate the course of youth with subclinical mania
- Cyclothymic disorder differs in small ways from operationalized BP NOS
- Chronic, subclinical mood symptoms in youth may not portend a bipolar course

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