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Affective Styles in Mood and Anxiety Disorders – Clinical Validation of the “Affective Style Questionnaire” (ASQ)

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## Highlights

- The ASQ reveals a three-factor structure in a clinical sample
- Affective styles differ between affective and anxiety disorders
- Patients suffering from affective disorders show less adjusting
- Adjusting and concealing seem more important than reappraisal and suppression for depression, anxiety, and stress
- The ASQ is applicable in clinical studies

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