

Author's Accepted Manuscript

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PII: S0165-0327(17)32440-0
DOI: <https://doi.org/10.1016/j.jad.2018.02.051>
Reference: JAD9597

To appear in: *Journal of Affective Disorders*

Received date: 28 November 2017
Revised date: 12 January 2018
Accepted date: 16 February 2018

Cite this article as: Gemma L. Witcomb, Walter Pierre Bouman, Laurence Claes, Nicola Brewin, John R. Crawford and Jon Arcelus, Levels of depression in transgender people and its predictors: Results of a large matched control study with transgender people accessing clinical services, *Journal of Affective Disorders*, <https://doi.org/10.1016/j.jad.2018.02.051>

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Levels of depression in transgender people and its predictors: Results of a large matched control study with transgender people accessing clinical services.

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Abstract

Background

Depression is a serious disorder which significantly impacts wellbeing and quality of life. Studies exploring mental wellbeing in the transgender population are mostly limited by small, non-homogenous samples and lack of matched controls. This study aimed to address these limitations and explore depression rates in a large sample of transgender people, compared with matched controls from the general population,

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