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Prevalence and Predictors of Physician Recommendations for Medication Adjustment in Bipolar Disorder Treatment

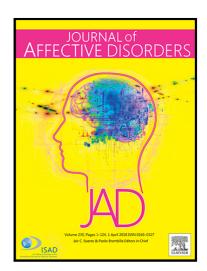
Dominic Hodgkin, Maureen T. Stewart, Elizabeth L. Merrick, Ye Zhang, Noreen A. Reilly-Harrington, Louisa G. Sylvia, Thilo Deckersbach, Andrew A. Nierenberg

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- Data were analyzed for 3,094 visits by 457 patients in a pragmatic trial of bipolar disorder treatment
- We defined a set of indications for medication adjustment
- We examined how well the presence of indications at a visit predicted whether the physician recommended medication adjustment at the subsequent visit, and what type
- No medication adjustment was recommended at 37% of the visits where one of the indications that we identified was present
- The odds of medication adjustment were 74% higher if the patient was not responding to treatment, and 73% higher if side effects had worsened

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