

Accepted Manuscript

Prevalence and Predictors of Physician Recommendations for Medication Adjustment in Bipolar Disorder Treatment

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PII: S0165-0327(17)32285-1
DOI: [10.1016/j.jad.2018.06.012](https://doi.org/10.1016/j.jad.2018.06.012)
Reference: JAD 9858



To appear in: *Journal of Affective Disorders*

Received date: 3 November 2017
Revised date: 15 May 2018
Accepted date: 4 June 2018

Please cite this article as: Dominic Hodgkin , Maureen T. Stewart , Elizabeth L. Merrick , Ye Zhang , Noreen A. Reilly-Harrington , Louisa G. Sylvia , Thilo Deckersbach , Andrew A. Nierenberg , Prevalence and Predictors of Physician Recommendations for Medication Adjustment in Bipolar Disorder Treatment, *Journal of Affective Disorders* (2018), doi: [10.1016/j.jad.2018.06.012](https://doi.org/10.1016/j.jad.2018.06.012)

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Highlights

- Data were analyzed for 3,094 visits by 457 patients in a pragmatic trial of bipolar disorder treatment
- We defined a set of indications for medication adjustment
- We examined how well the presence of indications at a visit predicted whether the physician recommended medication adjustment at the subsequent visit, and what type
- No medication adjustment was recommended at 37% of the visits where one of the indications that we identified was present
- The odds of medication adjustment were 74% higher if the patient was not responding to treatment, and 73% higher if side effects had worsened

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