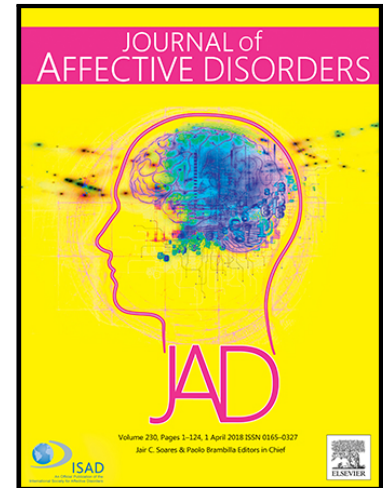


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The association between obesity and restless legs syndrome: a systemic review and meta-analysis of observational studies

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Highlight

- Restless legs syndrome is a common neurological sensorimotor disorder that greatly affects quality of life.
- Some studies indicate that restless legs syndrome occur more frequently in individuals with obesity than in people with normal weight.
- This systematic review and meta-analysis of 15 studies comprising 197,204 individuals, shows that overweight and obesity were associated with increased odds for restless legs syndrome.
- Women with obesity were more likely to have RLS as compared with men.

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