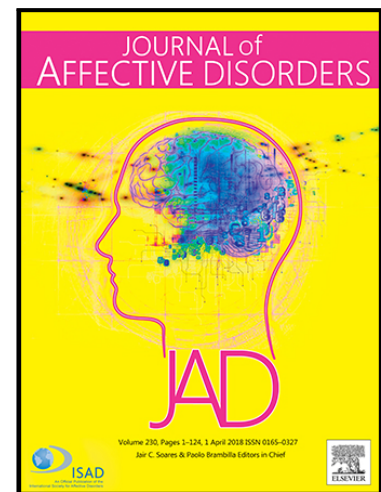


Accepted Manuscript

The Effect of Fecal Microbiota Transplantation on Psychiatric Symptoms among Patients with Irritable Bowel Syndrome, Functional Diarrhea and Functional Constipation: An Open-Label Observational Study

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PII: S0165-0327(18)30193-9
DOI: [10.1016/j.jad.2018.04.038](https://doi.org/10.1016/j.jad.2018.04.038)
Reference: JAD 9692

To appear in: *Journal of Affective Disorders*

Received date: 30 January 2018
Revised date: 24 March 2018
Accepted date: 4 April 2018

Please cite this article as: Shunya Kurokawa , Taishiro Kishimoto , Shinta Mizuno , Tatsuhiko Masaoka , Makoto Naganuma , Kuo-ching Liang , Momoko Kitazawa , Moeko Nakashima , Chie Shindo , Wataru Suda , Masahira Hattori , Takanori Kanai , Masaru Mimura , The Effect of Fecal Microbiota Transplantation on Psychiatric Symptoms among Patients with Irritable Bowel Syndrome, Functional Diarrhea and Functional Constipation: An Open-Label Observational Study, *Journal of Affective Disorders* (2018), doi: [10.1016/j.jad.2018.04.038](https://doi.org/10.1016/j.jad.2018.04.038)

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Highlights

- Fecal Microbiota Transplantation (FMT) is becoming an important treatment option in many chronic gastrointestinal diseases.
- Little is known about the effectiveness of FMT on psychiatric symptoms.
- FMT showed significant improvement of depression, anxiety and sleep subscale scores in patients with Functional Gastrointestinal Disease (FGID).
- Significant negative correlation between baseline microbiota diversity and depression severity were observed.
- The increase of microbiota diversity after FMT was correlated with improvement in depression scores.

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