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Cognitive behavioral therapy for post-stroke depression: a meta-analysis

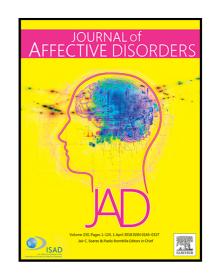
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Highlights

- Cognitive behavioral therapy (CBT) has been widely used for post-stroke depression (PSD), but the findings have been inconsistent.
- Both CBT alone and adjunctive CBT with antidepressants are effective in improving depressive symptoms in PSD patients.
- Higher quality RCTs are warranted to confirm the findings.



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