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Clinical and psychopathological features associated with treatment-emergent mania in bipolar-II depressed outpatients exposed to antidepressants “Antidepressant-induced mania in BD”

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Abstract

Background:

Treatment-emergent affective switch (TEAS), including treatment-emergent mania (TEM), carry significant burden in the clinical management of bipolar depression, whereas the use of antidepressants raises both efficacy, safety and tolerability concerns. The present study assesses the prevalence and clinical correlates of TEM in selected sample of bipolar disorder (BD) Type-II (BD-II) acute depression outpatients.

Methods:

Post-hoc analysis of the clinical and psychopathological features associated with TEM among 91 BD-II depressed outpatients exposed to antidepressants.

Results:

Second-generation antipsychotics (SGA) ($p=.005$), lithium ($\leq .001$), cyclothymic/irritable/hyperthymic temperaments ($p\leq .001$; $p=.001$; $p=.003$, respectively), rapid-cycling ($p=.005$) and depressive mixed features ($p=.003$) differed between TEM⁺ cases vs. TEM⁻

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