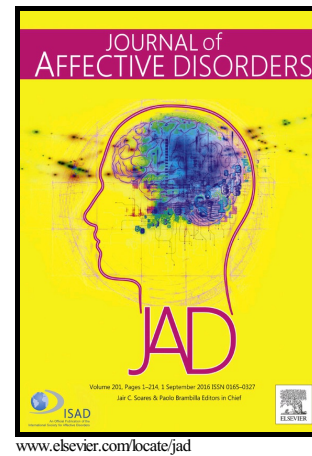


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A computerized version of the Patient Health Questionnaire-4 as an ultra-brief screening tool to detect emotional disorders in primary care

Antonio Cano-Vindel^{1*}, Roger Muñoz-Navarro², Leonardo Adrián Medrano³, Paloma Ruiz-Rodríguez⁴, César González-Blanch⁵, María Dolores Gómez Castillo^{6,10}, Antonio Capafons Bonet⁷, Fernando Chacón^{8,10}, Francisco Santolaya^{9,10}, PsicAP Research Group¹

¹Department of Basic Psychology, Faculty of Psychology, University Complutense of Madrid, Madrid, Spain

²Department of Basic Psychology, Faculty of Psychology, University of Valencia, Valencia, Spain

³Faculty of Psychology, University Siglo 21, Córdoba, Argentina

⁴Mental Health Centre, University Hospital “Marqués de Valdecilla”- IDIVAL. Santander, Spain.

⁵Castilla La Nueva Primary Care Center, Health Service of Madrid, Madrid, Spain

⁶Mental Health Centre, “Complejo Hospitalario of Albacete”, Albacete, Spain

⁷Department of Personality, Assessment and Psychological Treatments, Faculty of Psychology, University of Valencia, Valencia, Spain

⁸Department of Social Psychology, Faculty of Psychology, University Complutense of Madrid, Madrid, Spain

⁹Malva-Rosa Mental Health Service, Valencia, Spain

¹⁰Spanish Council of Psychologists, Madrid, Spain

*Corresponding autor. Department of Basic Psychology, Faculty of Psychology, University Complutense of Madrid, Campus de Somosaguas, 28223 Madrid, SPAIN. Tel. +34 607705740. canovindel@psi.ucm.es

Abstract

Background:

The Patient Health Questionnaire-4 (PHQ-4) is an ultra-brief self-report consisting of a 2-item depression scale (PHQ-2) and a 2-item anxiety scale (GAD-2). The aim of the present study is to determine the psychometric properties of a computerized version of the PHQ-4 used to detect emotional disorders (anxiety and depression) in the primary care setting.

Method:

A total of 1052 patients with suspected anxiety, depression, or somatic symptoms were recruited from 28 primary care centres participating in the PsicAP trial and completed the full version of the computerized PHQ. In addition, 178 of these patients also underwent in clinical interviews as a gold standard.

¹ Membership of the PsicAP research group is provided in the Acknowledgments

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