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# One-year follow-up of a randomized controlled trial of sertraline and cognitive behavior group therapy in depressed primary care patients (MIND study)

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## Abstract

### *Background:*

The long-term course of symptoms in patients with mild-to-moderate depression is not well understood. A 12-month-follow-up analysis was performed on those participants from a randomized controlled 10-week trial (RCT, MIND-study), who had received either treatment with an antidepressant (sertraline) or a psychotherapeutic intervention (group cognitive-behavioral therapy (CBT)).

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<sup>1</sup> Both authors equally contributed to this manuscript. Both authors equally contributed to this manuscript.

<sup>2</sup> Shared senior authorship

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