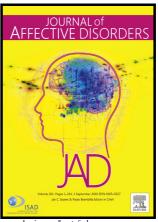
Author's Accepted Manuscript

Mindfulness-based interventions for major depressive disorder: a comprehensive meta-analysis of randomized controlled trials

Yuan-Yuan Wang, Xiao-Hong Li, Wei Zheng, Zi-Yan Xu, Chee H. Ng, Gabor S. Ungvari, Zhen Yuan, Yu-Tao Xiang



www.elsevier.com/locate/iad

PII: S0165-0327(17)31371-X

https://doi.org/10.1016/j.jad.2017.12.093 DOI:

Reference: JAD9501

To appear in: Journal of Affective Disorders

Received date: 5 July 2017

16 November 2017 Revised date: Accepted date: 31 December 2017

Cite this article as: Yuan-Yuan Wang, Xiao-Hong Li, Wei Zheng, Zi-Yan Xu, Chee H. Ng, Gabor S. Ungvari, Zhen Yuan and Yu-Tao Xiang, Mindfulnessbased interventions for major depressive disorder: a comprehensive meta-analysis trials, Journal randomized controlled **Affective** Disorders. of https://doi.org/10.1016/j.jad.2017.12.093

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting galley proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

ACCEPTED MANUSCRIPT

Mindfulness-based interventions for major depressive disorder: a comprehensive meta-analysis of randomized controlled trials

Yuan-Yuan Wang¹¹, Xiao-Hong Li²¹, Wei Zheng³¹, Zi-Yan Xu⁴¹, Chee H. Ng⁵, Gabor S. Ungvari⁶, Zhen Yuan¹, Yu-Tao Xiang¹*

²The National Clinical Research Center for Mental Disorders, China &Center of Depression, Beijing Institute for Brain Disorders & Mood Disorders Center, Beijing Anding Hospital, Capital Medical University, Beijing, China;

³The Affiliated Brain Hospital of Guangzhou Medical University (Guangzhou Huiai Hospital), Guangzhou, China;

Abstract

Background:

This is a meta-analysis of randomized controlled trials (RCTs) of mindfulness-based interventions (MBIs) for a current episode of major depressive disorder.

Methods:

Both English (PubMed, PsycINFO, Embase, and Cochrane Library databases) and Chinese (WanFang and CNKI) databases were systematically and independently searched. Standardized mean differences (SMDs) and risk ratio (RR) \pm their 95%

1

¹Faculty of Health Sciences, University of Macau, Macao SAR, China;

⁴Department of Psychiatry II, University of Ulm and BKH Günzburg, Germany;

⁵Department of Psychiatry, University of Melbourne, Melbourne, Victoria, Australia

⁶University of Notre Dame Australia / Graylands Hospital, Perth, Australia;

^{*} Correspondence to: 3/F, Building E12, Faculty of Health Sciences, University of Macau, Avenida da Universidade, Taipa, Macau SAR, China. Tel.: +853 8822 4223; Fax: +853 2288 2314. xyutly@gmail.com

¹ These authors contributed equally to the work.

Download English Version:

https://daneshyari.com/en/article/8815755

Download Persian Version:

https://daneshyari.com/article/8815755

<u>Daneshyari.com</u>