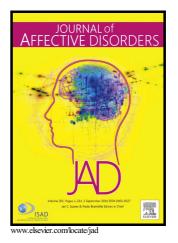
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'Taking back the reins' – A qualitative study of the meaning and experience of self-management in bipolar disorder

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'Taking back the reins' – A qualitative study of the meaning and experience of selfmanagement in bipolar disorder

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